

*'The future is owned by the ones  
who believe in the beauty of their dreams.'*

## **Newsletter 4, March 2009**

**Dear supporters, family and friends,**

Time flies in Cusco that is for sure. There is so much work to do and to arrange; that makes it hard for me to find time to keep you up to date. I really regret that. I wish that there would fit some more hours in a day; the days are far too short over here.

By means of this newsletter I would like to inform you about the developments of the last few months in Cusco.

### **Inmenszo and our supporters**

Without your support Inmenszo would not have existed, that is something that we absolutely realize. That is why we wanted to show the people that support us how grateful we are. Last summer we organized a special get together at restaurant Hipper in Gorinchem. It overwhelmed us to see how many people attended the gathering. That afternoon many supporters decided to donate us some additional money which stimulated others to help Inmenszo for the first time. Moreover, Angelique van t'Riet, of the Universal Flirting Academy sold by auction three pieces of art and we got surprised with a large donation of the Gorcums travel agency. It was a wonderful and successful afternoon.



### **Inmenszo in Cusco**

September last year I returned to Cusco to continue my work over there. The ultimate goal is to register Inmenszo officially in Peru. This will simplify doing our activities and as a registered foundation it is easier to start collaborations with other foundations and volunteer projects.

Also, it will make it possible Inmenszo being managed by Peruvian people. In this way, Inmenszo can continue to help children in the future. Since January this year we have our own management. Creating a management was rather difficult and time-consuming. Like mentioned before, right now we are in the process of getting officially registered, for which patience is needed and many visits to the notary and tax-collectors' office. Unfortunately Peru is a very bureaucratic country with quite some corruption. However, Inmenszo is accepted and we are in the final stage of registering ourselves.



### **Inmenszo and its projects**

#### **Get togethers of youngsters**

In our last newsletter we informed you about the gatherings of youngsters together with a psychologist. At the end of 2008 we evaluated this specific group and we are pleased to tell you that they are doing well. This also due to the inspiring and helpful workshops the psychologist gave them. The self-confidence of the youngsters increases bit by bit and they

are looking forward to a better future. We decided to continue the workshops this year and contracted the psychologist for another year. Approximately 12 adolescents will join the workshops.

### **Studies**

At the moment 40 youngsters take part in our study program. To support them Inmenszo gives them a scholarship. Last year 6 of the students attained their diploma, of whom we are very proud. The other 34 will finish their studies in the coming two years. Most of them study to become a secretary, ICT worker, tourist guide, English teacher or cook and one even studies to become a doctor.

### **The teenage mother project**

This successful project came into existence to give young mothers the chance to get education. Inmenszo helps them finding suitable education and care of their children is taken by the 'Inca Educa' foundation. Besides giving them education, they organize health improvement and personal development workshops.

The life of the mothers is not always as easy as it seems. Mostly, they are very dependent on their family or partner and these do not always share the idea that it is good for the mother to take education. Our psychologist regularly visits the mothers and their families to emphasize the importance of studying. We will help the 'Inca Educa' foundation again this year; 20 young mothers have already started the program.

### **Day trip to the Titikaka Lake**

Every year we organize a trip for the youngsters that take part in the study program. The excursions are meant to stimulate them and to show them more of their own beautiful country. This year we went with 14 of our students to some islands of the 'Lago Titikaka', the world's highest lake. A guide showed us around and taught us about the islands' inhabitants and their culture. We spent the night at one of the islands, at the inhabitants' homes. It was a very special, enjoyable and informative weekend.



### **A final remark**

A worldwide crisis, Cusco is affected by it too. Many people are harmed by it, maybe you too and that is why we are so glad that you still support us. We can not explain how grateful we and the children are for your help. We hope that the vicious circle will get to a turning point and things will get better soon.

Once more, Inmenszo and the children can not continue without your help. Please do keep supporting us, and the children can believe in their dreams.....

Thank you so much.

Love, Anika

Tip: When organizing a little get together, anniversary or business party please think about Inmenszo. The youngsters in Cusco will appreciate your help and will be very grateful.

For more extensive information please visit our website [www.inmenszo.com](http://www.inmenszo.com). Also, information about our projects can be found at [www.bookingbox.org](http://www.bookingbox.org) and [www.mambapoint.tv](http://www.mambapoint.tv)